

# Marlborough Parks & Recreation

## 2020 Spring/Summer Programs (Front & Back)

Registration begins March 1st – online, in person, or via mail  
[www.marlboroughct.net](http://www.marlboroughct.net). For more info, call 860-295-6203.

### Youth Programs – Arts/Crafts

**Moroccan Basket Weaving** - Grades 3 - 6, Wednesdays, 3:30-5pm, March 4th – March 18th – Elmer Thienes -Mary Hall Elementary School Art Room. Cost is \$60 for residents/\$65 for non-residents.

**Artventureswithkids!** – Grades K-4, Mondays, 5:30 – 6:30pm, April 6th – May 18th at the Elmer Thienes – Mary Hall Elementary School cafeteria. Children will learn to draw oil pastel flowers, create colorful canvases, sculpt clay pencil holders, and decorate paper mache boxes. Each child will bring home a beautiful masterpiece each week. Cost is \$99.00 for residents/\$104.00 for non-residents.

### Music/Dance

**Just Dance (Ballet/Jazz/Tumbling)** – Ages 4 – 7, Tuesdays, 5:00pm-6:00pm, March 3rd - April 7th. All classes held at Dance Dynamics in Hebron. Registration fee is \$102.00.

**Hip Hop Dance Class** – Ages 8 – 12, Wednesdays, 6:15pm-7:00pm, March 4th - March 25th. All classes held at Dance Dynamics in Hebron. Registration fee is \$64.00.

**Music Lessons Spring** – Grades 4 – 8, at the Elmer Thienes Mary Hall Elementary School Media Room. Private lesson instruction on band instruments will be provided by Bruce Foote. This is a six week session beginning week of March 12th & March 13th. The lessons are a half hour in length and will occur on the same day and time signed up for. The fee includes lesson materials and one make-up lesson is guaranteed during the six week series. Time slots will run for a half hour, from 3:10 - 6:40 on Thursdays and Fridays. Fee is \$103.00 for residents/\$108.00 for non-residents.

**Tiny Twirlers Dance Class** – Ages 2-3 with caregiver, Saturdays, 9:00am-9:30 am, March 21st - June 6th. Children will be introduced to basic dance moves, work on their motor skills, and develop a sense of music. Lots of fun, smiles and movement exploration! All classes held at Dance Dynamics in Hebron. Registration fee is \$120.00. (No class April 11th or May 23rd)

**Tiny Twirlers Dance Class** – Ages 2-3 with caregiver, Mondays, 5:30pm-6:00pm, March 23rd - June 8th. Children will be introduced to basic dance moves, work on their motor skills, and develop a sense of music. Lots of fun, smiles and movement exploration! All classes held at Dance Dynamics in Hebron. Registration fee is \$120.00. (No class on April 13<sup>th</sup> & May 25th)

**Mini Movers** – Ages 1 – 2, Saturdays, 8:45am-9:15am, April 4th - May 9th. All classes held at Dance Dynamics in Hebron. Registration fee is \$50.00. (No class April 11<sup>th</sup>)

### Classes/Activities

**Kids Sewing – Fleece Pullover** – Ages 9- 14, Wednesdays, March 11th & March 18th, 5:30pm – 7:00pm. Participants will sew and take home a fleece pullover with a cowl neck. Sewing lesson instruction will be provided by Miss Ashley. All materials for the project are provided. Registration fee is \$48.00 resident/\$53.00 non-resident.

**Kid's Easter Candy Workshop** – Ages 7 – 12, Tuesday, March 24th, 5:30pm – 6:30pm at the Marlborough Senior Center. Children will make sweet chocolate candy treats. Registration fee is \$36.00 residents/\$41.00 non-residents.

**Kids Sewing – Fleece Mittens** – Ages 8 – 12, Wednesday, March 25th, 5:30pm – 6:30pm. Participants will sew and take home fleece mittens. Sewing lesson instruction will be provided by Miss Ashley. All materials for the project are provided. Registration fee is \$36.00 resident/\$41.00 non-resident.

**STEM Challenge with LEGO** - Grades K-5, Tuesdays, April 21st – May 26th, 3:15 – 4:45pm. Play baseball in spring training, visit the Cherry Blossom festival, and explore raging waterfalls. Apply real-world mechanical engineering concepts as you design, build, and explore your craziest ideas. Class is held in the Elmer Thienes – Mary Hall Elementary School Cafeteria. Registration fee is \$123 resident/\$128.00 non-resident. (No class on April 14th)

**Soccer Shots Mini** – Age 2, Saturdays, April 11th – June 6th, 3pm – 3:45pm at the West Road baseball field. Registration fee is \$90.00 resident/\$95.00 non-resident.

**Soccer Shots Classic** – Ages 3 - 5, Saturdays, April 11th – June 6th, 3:45pm – 4:30pm at the West Road baseball field. Registration fee is \$90.00 resident/\$95.00 non-resident.

**After School Co-Ed Dodgeball League** – Grades 5 & 6, Mondays, April 13th – May 18th, 3:15pm – 4:15pm. Participants will be divided up into teams each week to play various dodgeball games. Elmer Thienes – Mary Hall Elementary School gymnasium. Registration fee is \$30.00 resident.

**After School Co – Ed Handball League** – Grades 5 & 6, Wednesdays, April 15th – May 20th, 3:15pm – 4:30pm. Participants will be divided up into teams and play weekly games. Elmer Thienes – Mary Hall Elementary School Gymnasium. Registration fee is \$30.00 resident.

**Swim Lessons** – Saturdays, 3:00pm – 7:00pm, April 18th – May 23rd. These classes are designed to allow swimmers to develop good habits in the water, become comfortable in the water, learn and refine new strokes, and become stronger, safer swimmers. Levels 1 – 6 will be taught during the spring session. Time of class will depend on the level. All classes are held at Camp Hemlocks in Hebron, CT. Registration fee is \$85.00.

**Parent/Child Swim Lessons Level A** – Ages 6 months – 2 years, Saturdays, 1:10pm – 1:55pm, April 18th – May 23rd. To help develop swimming readiness by leading parents and their children in water exploration activities with the objective of having fun and becoming comfortable in, on, and around the water. All classes are held at Camp Hemlocks in Hebron, CT. Registration fee is \$95.00.

**Parent/Child Swim Lessons Level B** – Ages 3 – 5, Saturdays, 2:05pm – 2:50pm, April 18th – May 23rd. To help develop swimming readiness by leading parents and their children in water exploration activities with the objective of having fun and becoming comfortable in, on, and around the water. All classes are held at Camp Hemlocks in Hebron, CT. Registration fee is \$95.00.

**Tennis Lessons (Red Level)** – Ages 4-6, Saturdays, May 9th – June 6th, 9:30am – 10:30am at the Ridgewood Drive Tennis Court. This program introduces the foundational skills of tennis. Rules of play and “I am a good sport” behaviors are reinforced to participants. Registration fee is \$83.00 resident/\$88.00 non-resident.

**Tennis Lessons (Orange Level)** – Ages 7-9, Saturdays, May 9th – June 6th, 10:30am – 11:30am at the Ridgewood Drive Tennis Court. Players will learn how to serve, rally, score and play at the net. “I am a good sport” behaviors are reinforced to participants. Registration fee is \$83.00 resident/\$88.00 non-resident.

**Tennis Lessons (Green Level)** – Ages 10 & up, Saturdays, May 9th – June 6th, 10:30am – 11:30am at the Ridgewood Drive Tennis Court. Players will learn how to serve, rally, score and play at the net in singles and doubles formats. Lessons take players through a progression of skill building activities. “I am a good sport” behaviors are reinforced to participants. Registration fee is \$83.00 resident/\$88.00 non-resident.

**Kids Sewing – Knit Tank Top Dress** – Ages 9 – 14, Thursdays, May 28th & June 4th, 5:30pm – 6:30pm. Participants will sew and take home a knit tank top dress. Sewing lesson instruction will be provided by Miss Ashley. All materials for the project are provided. Registration fee is \$48.00 resident/\$53.00 non-resident.

**Kids Sewing – Beach Bag** – Ages 6 – 14, Wednesday, June 3rd, 5:30pm – 6:30pm. Participants will sew and take home a beach bag. Sewing lesson instruction will be provided by Miss Ashley. All materials for the project are provided. Registration fee is \$36.00 resident/\$41.00 non-resident.

## **Adult Programs/Sports**

**Adult Volleyball** – Thursday nights at the Elmer Thienes – Mary Hall Elementary School Gym – 8:00-10:00pm - \$5 per week – Drop-In. Session runs until June 15th.

**Adult Pick-up Basketball** – ages 18 and over, Sundays, 8:00am – 10:00am at the Elmer Thienes – Mary Hall Elementary School Community Room. Cost is \$3 for residents and \$5 for non-residents. Season passes \$30.00 resident/\$35.00 non-resident. Session runs until May 21st.

**Beginner Tennis Lessons** - ages 18 and over, Tuesdays, May 5th – June 2nd, 5:30pm – 6:30pm at the Ridgewood Drive Tennis Court. Players that have not played or have just started to play the game of tennis. The focus will be on stroke development and beginning to learn how to have a controlled rally and keep the ball in play. Players will also be introduced to all the different tennis strokes, score keeping, and rules of the game. Registration fee is \$83.00 resident/\$88.00 non-resident.

**Intermediate Tennis Lessons** – ages 18 and over, Thursdays, May 7th – June 4th, 5:30pm – 6:30pm at the Ridgewood Drive Tennis Court. Players that have some tennis experience but still need to develop better technique and strategy. The focus will be on some bio-mechanics, but more emphasis on consistency, footwork, and introduction to strategy during match play (doubles and singles). Registration fee is \$83.00 resident/\$88.00 non-resident.

## **Fitness**

**ZUMBA** - Taught by instructor Anna Boose. The 6 week class will begin Tuesdays, February 25th – March 31st, 7:00-8:00 pm in the Elmer Thienes Mary Hall Elementary School Cafeteria. Cost for the program is \$45 for residents and \$48 for non-residents, \$8 drop-in fee. Register on the Park & Rec website.

**Barlates** – Tuesdays, March 3rd – April 7th, 6pm – 6:50pm. Elmer Thienes – Mary Hall Elementary School Media Room. Barlates is a complete exercise class with concentrated exercises for hips, legs and core. Every week we have a slightly different focus creating a full body workout. All levels welcome, bring a mat. Registration fee is \$70.00 resident/\$75.00 non-resident/\$15.00 drop in fee. Class instruction by Janice Flanagan.

**Yogalates** – Tuesdays, March 3rd – April 7th, 7pm – 7:50pm. Elmer Thienes – Mary Hall Elementary School Media Room. Yogalates combines the best of both practices. Yoga stretching, strengthening and mindfulness. Pilates strengthening of deep core

muscles as well as increasing muscle tone in the arms, legs, and hips. All levels welcome, bring a mat. Registration fee is \$70.00 resident/\$75.00 non-resident/\$15.00 drop in fee. Class instruction by Janice Flanagan.

**Aqua Size – Water Fitness** – Mondays, March 16th – April 20th, 8:30am-9:15am. This class includes stretching, toning, and core work. It also includes slow and fast jogging in place, strengthening the arms and other fun low impact exercises while moving to music. This is a wonderful class for ALL Fitness Levels! Classes held at Camp Hemlocks. Registration fee is \$90.00.

**Aqua Size – Water Fitness** – Saturdays, April 18th – May 23rd, 12:15pm-1:00pm. This class includes stretching, toning, and core work. It also includes slow and fast jogging in place, strengthening the arms and other fun low impact exercises while moving to music. This is a wonderful class for ALL Fitness Levels! Classes held at Camp Hemlocks. Registration fee is \$90.00.

**Sunset Yoga** – Tuesdays, June 18th – July 23rd, 7pm – 8pm. In this Yoga class we combine Hatha Yoga, with Vinyasa Flow, Mindfulness and Meditation. This practice will help improve posture, strength, balance, and flexibility, as well as inner strength and confidence. Yoga is a personal experience and an exploration of Body and Mind. Class is held at Blish Park. Registration fee is \$70.00 resident/\$75.00 non-resident.

## **Dance**

**Adult Tap:** Tuesdays 7:15pm-8:00pm, March 24th - June 7th. This is a mixed level class. Classes held at Dance Dynamics in Hebron. Registration fee is \$160.00 (no class April 14th)

**Adult Tap:** Tuesdays, 7:15pm-8:00pm, March 26th - June 4th. This is a mixed level class. Classes held at Dance Dynamics in Hebron. Registration fee is \$160.00 (no class April 16th)

## **Classes/Activities**

**Dog Obedience – Out & About With Your Best Friend** – Saturdays, April 4th – May 9th, 11:00am – 12:00pm. Classes are held at the Airline Trails at Salmon River. For dogs who need training on dealing with public situations. In this class your dog will meet in a dog friendly environment. Dogs will repeat basic behaviors in public settings to become comfortable in any surrounding. Registration fee is \$115.00 resident/\$120.00 non-resident. Class instruction provided by Beth Vincent.

**Dog Obedience Class** – Tuesdays, April 7th – May 12th, 7:00pm – 8:00pm. Your dog will receive good manners training, relationship building skills, paying attention, foundation skills, leash manners and recall skills. Registration fee is \$115.00 resident/\$120.00 non-resident. Class instruction provided by Beth Vincent.

## **Summer Camps/Programs**

**Swim Lessons** – These classes are designed to allow swimmers to develop good habits in the water, become comfortable in the water, learn and refine new strokes, and become stronger, safer swimmers. Lessons will begin the week of June 22nd. All lesson levels are offered. All lessons are held at Blish Park. Registration fee is \$65.00 resident/\$70.00 non-resident.

**Netto Summer Day Camp** – Grades K-7, June 22nd – August 14th at Blish Park. Campers will enjoy camp games, arts & crafts, swimming, sports, field trips and special events. All campers are supervised by counselors and lifeguards trained in CPR/First Aid. Registration is \$175.00 resident/\$185.00 non-resident. Registration for camp opens on April 1st.

**Skyhawks Basketball Camp** - Ages 5 & 6, June 22nd – June 26th, 9:00am – 12:00pm. This fun, skill intensive program is designed for beginning to intermediate athletes. An active week of passing, shooting, dribbling and rebounding. Boys and girls will also learn vital life lessons such as respect, teamwork and responsibility. Registration is \$129.00 residents/\$139.00 non-residents. Camp is held at the Elmer Thienes - Mary Hall Elementary School.

**Skyhawks Basketball Camp** - Ages 7 – 12, June 22nd – June 26th, 9:00am – 3:00pm. This fun, skill intensive program is designed for beginning to intermediate athletes. An active week of passing, shooting, dribbling and rebounding. Boys and girls will also learn vital life lessons such as respect, teamwork and responsibility. Registration is \$149.00 residents/\$159.00 non-residents. Camp is held at the Elmer Thienes - Mary Hall Elementary School.

**Music Lessons Summer** – Grades 4 – 8, at the Elmer Thienes Mary Hall Elementary School Media Room. Private lesson instruction on band instruments will be provided by Bruce Foote. This is a six week session beginning week of June 25th & June 26th. The lessons are a half hour in length and will occur on the same day and time signed up for. The fee includes lesson materials and one make-up lesson is guaranteed during the six week series. Time slots will run for a half hour, from 9:00am - 2:00 pm on Thursdays and Fridays. Fee is \$103.00 for residents/\$113.00 for non-residents.

**Skyhawks Mini –Hawk Camp (Soccer, Baseball and Basketball)** – Ages 4 – 6, July 6th – July 10th, 9:00am – 12:00pm. This multi-sport program gives children a positive first step into athletics. The essentials of each sport are taught in a safe, structured environment with lots of encouragement and a focus on fun. Registration fee \$129.00 residents/\$139.00 non-residents. Camp is held at the Elmer Thienes - Mary Hall Elementary School.

**Skyhawks Multi - Sport Camp (Soccer, Baseball and Basketball)** – Ages 7 – 10, July 6th – July 10th, 9:00am – 12:00pm. This multi-sport program is designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. Registration fee \$129.00 residents/\$139.00 non-residents. Camp is held at the Elmer Thienes - Mary Hall Elementary School.

**Acrylic Landscape Painting** – Grades 3 – 6, July 7th – 9th, 9:00am – 11:30am. Students are given step by step instruction on completing one acrylic painting on canvas. They choose from a selection of photographed landscapes and learn the techniques and process to foster independent painting in the future. Elmer Thienes – Mary Hall Elementary School Art Room. Cost is \$80.00 resident/\$85.00 non-resident.

**Paint like a Famous Artist** – Ages 4 - 7, July 7th – 9th, 12pm – 1pm. This is an introduction to different art styles and artists. The students will create a piece in the style of each artist that is studied. Elmer Thienes – Mary Hall Elementary School Art Room. Cost is 60.00 resident/\$65.00 non-resident.

**Skyhawks Sand Volleyball Camp** – Ages 10- 14, July 13th – July 17th, 9:00am – 1:00pm. All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting and serving. This program is designed for the beginning and intermediate player. Boys and girls will develop skills through game-speed drills and daily scrimmages. Registration fee is \$135.00 for residents/\$140.00 non-residents. Camp is held at the Blish Park sand volleyball court.

**Mad Science – Space and Beyond** – Grades 1 – 6, July 13th – July 17th from 12pm – 3pm. This hands-on program for children sends them on a quest for exploration. Comets, planets, stars and more are all waiting to be discovered. Registration fee is \$158.00 resident/\$163.00 non-resident. Camp is held at Elmer Thienes – Mary Hall Elementary School.

**Mad Science – Rockin Rockets** – Grades 1 – 6, July 13th – July 17th from 8:30am – 11:30am. Children will step into the shoes of a rocket scientist and learn the fundamentals of flight, propulsion and rocket design. We'll have fun exploring astronomy and trying out various flight designs from hot air balloons to hovercrafts. Registration fee is \$158.00 resident/\$163.00 non-resident. Camp is held at Elmer Thienes – Mary Hall Elementary School.

**Mad Science – Rocking Robots & Space and Beyond** - Grades 1 – 6, July 13th – July 17th from 8:30am – 3pm. This is a full day option for those Mad Scientists interested in both programs. Registration fee is \$287.00 resident/\$292.00 non-resident. Camp is held at Elmer Thienes – Mary Hall Elementary School

**Acrylic Landscape Painting** – Grades 1 & 2, July 14th – 16th, 9:00am – 11:30am. Students are led through the process of painting one of two landscapes chosen by the group. They are introduced to the process as well as different brush techniques and color theory. Elmer Thienes – Mary Hall Elementary School Art Room. Cost is \$80.00 resident/\$85.00 non-resident.

**Watercolor** – Grades 3 – 6, July 14th – 16th, 12:00pm – 1:30pm. Students are introduced to various techniques such as wet on wet, dry brush, salt, masking. Students will complete one painting which uses these techniques. Elmer Thienes – Mary Hall Elementary School Art room. Cost is \$65.00 resident/\$70.00 non-resident.

**Skyhawks Flag Football Camp** – Ages 6 – 10, July 20th – July 24th, 9:00am – 1:00pm. Boys and girls learn skills on both sides of the football including the core components of passing, catching and defense – all in a fun and positive environment. Registration fee is \$135.00 residents/\$140.00 non-residents. Camp is held at the Elmer Thienes - Mary Hall Elementary School.

**Drawing** – Grades 3 – 6, July 21th – 23rd, 9:00am – 11:00am. Students will be introduced to a variety of drawing mediums including charcoal, conte crayon and hard and soft drawing pencils. We will use several still life options to practice techniques and drawing styles. Elmer Thienes – Mary Hall Elementary School Art Room. Cost is \$70.00 resident/\$75.00 non-resident.

**Pee Wee Picasso** – Ages 4 & 5, July 21st – 23rd, 1:00pm – 2:00pm. Students will have an introduction to a variety of art materials and have hands on experience exercising fine motor skills. They will create arts and crafts projects exposing them to beading, cutting, gluing, drawing, coloring and painting. Elmer Thienes – Mary Hall Elementary School Art Room. Cost is \$50.00 resident/\$55.00 non-resident.

**Lego – Animal Architects with Lego** – Ages 5 - 7, July 27th – July 31st, 8:00am – 11:00am. Let your imagination run wild with tens of thousands of LEGO® parts as we design and build leaping dolphins, buzzing beehives, and towering giraffes. Play, create, and learn in a world inspired by the animal kingdom. Design and build as never before and explore your craziest ideas. Class is held in the Elmer Thienes – Mary Hall Cafeteria. Cost is \$145.00 resident/\$150.00 non-resident.

**Lego – Animal Master Architects with Lego** – Ages 8 - 12, July 31st – July 31st, 12:00pm – 3:00pm. Be inspired by the natural innovation and engineering of the animal world with tens of thousands of LEGO® parts. Design and build fluttering butterflies, stomping elephants, and fierce Tasmanian devils. Apply real-world mechanical engineering concepts as you design, build, and explore your craziest ideas. Class is held in the Elmer Thienes – Mary Hall Cafeteria. Cost is \$145.00 resident/\$150.00 non-resident.

**Studio Style Acrylic Painting Class** – Grades 7 – 9, July 28th – 30th, 9:00am – 11:30am. Students will receive guidance to complete a painting of their choice. Students should come with a photo of the landscape they wish to paint. Students can also bring still life items to use. The teacher will have options for those who do not wish to bring any specific objects. Elmer Thienes – Mary Hall Elementary School Art Room. Cost is \$80.00 resident/\$85.00 non-resident.

## **Special Events**

**Easter Egg Hunt** – Saturday, April 4th at Blish Park! Visit the Easter Bunny and have fun with family and friends at the egg hunt. Rain date is Saturday, April 11<sup>th</sup>. Ages 2 and under @ 11:00am, Ages 3-5 @ 11:30am, Ages 6-8 @ 11:15am, ages 7 - 10 @ 11:45am.

**Kids Fishing Derby** – Saturday, May 9th, 9:00am – 11:00am at Blish Park. This event is held for anyone from 4 to 15 years of age. Registration for this event is \$10.00. Prizes will be awarded for biggest fish, smallest fish and first fish caught.

